## Why are we asked to pack a garbage-less lunch?

Local garbage and recycling programs do not have a regular pick-up at our site so everyone, including the staff, takes their own garbage and recycling back home. Compost is always available. The visiting teacher is asked to bring extra drinking water.

#### What if it rains?

Our programs continue as planned outdoors, rain or shine. Please be prepared for the weather. Safety concerns such as thunder/lightening or extreme high winds are conditions that would send us indoors.

### What are the supervision ratios?

A trip to the outdoor education centre is an out-of-classroom experience like any other and the supervision guidelines listed in the Program Safety Manual: Out of Classroom Programs are in effect. It is the responsibility of the principal to ensure that the minimum supervision ratios have been met prior to departure. The naturalist must not be included when calculating the supervision ratio. This will ensure a safe and enjoyable experience for the students, the teacher and the naturalist. All volunteers must meet the requirements of the board policy on volunteers (B-7.2). Minimum Supervision ratios are as follows:

Kindergarten	1 Adult: 4 Children
Grade 1	1 Adult: 7 Children
Grade 2-6	1 Adult: 10 Children
Grade 7+	1 Adult: 15 students, min. of 2 Adults

If a class arrives at the centre without the required supervision ratio in place, the naturalist must contact the school to request additional supervision. If the school is unable to comply with that request within a reasonable amount of time, the school will be asked to arrange for busing and the class must be returned to school. Younger siblings or children that a volunteer is babysitting, may not attend with the class.

#### What clothing/personal gear should school groups bring?

Being preparing for all conditions in all seasons is advised as the weather can change quickly.

- Hat protection from the sun and, at times, from biting insects and the cold; winter toques, scarves and/or hoods will greatly enhance body heat conservation;
- Sunscreen & sunglasses;
- Socks synthetic or wool blend (wet cotton provides poor insulation and takes a long time to dry);
- Footwear sturdy, closed (i.e. sandals and "crocs" are poor choices); winter insulated boots with extra toe room;
- Jacket protection from wind, rain and cold; winter 2 pair of mitts with enough material to
  protect wrists (gloves can't keep heat as well as mitts);
- Extra shirt, pants, socks, footwear and a bag for wet clothes;
- Bug repellent protection from ticks, etc.;

# Following the 5 L's is recommended:

- 1. Light-weight (quick to dry)
- 2. Light-coloured (less attractive to ticks and biting insects and less absorption of sun's rays on hot days)
- 3. Loose-fitting (greater comfort during frequent physical activities)
- 4. Layered (apply or shed pieces of clothing according to the temperature)
- 5. Long-sleeved and Legged (protection from sun, ticks and biting insects, poison ivy, stinging nettle, etc.)